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| **My Pension Online** |
| **What is My Pension Online?** |
| * It’s our free 24/7 service that lets you see your own LGPS pension account online. * See the value of the pension you’ve built up. * Check the information we’re holding for you and tell us about any changes. * Easy for you to do your own retirement estimates and see instant results. * Safe and secure access |
| **Planning your Retirement?** |
| See instantly online how any of the following might affect the value of your pension:   * Retiring early or retiring late. * Swapping some of your yearly pension for a one-off lump sum of money when you retire. |
| **Electronic Communications** |
| We’ll put your Annual Benefit Statement and other documents into your pension account:   * Send us your information securely through your account. * Everything stored safely for you, so you can look at them whenever you want to. |
| **Sign Up Today!** |
| It’s really simple to sign up in four easy steps on our website [www.gwentpensionfund.co.uk](http://www.gwentpensionfund.co.uk/)  Click on the My Pension Online link (at the top of the screen).   * Click on **Register for My Pension** * Click on **Sign up for My Pension** * Type in your **Surname, National Insurance Number, Date of Birth and Email Address and click on Register for My Pension** * If we hold your email address on our record you will receive an email with a link to click on to complete your registration. If we don’t hold your email address on our records, **we will send you an activation key in the post within 3-5 days.** |
| **Further Information** |
| * Email: [mypensiononline@torfaen.gov.uk](mailto:mypensiononline@torfaen.gov.uk) * Tel: 01495742299 |